

2021 Health Care FSA Carry Over

The District adopted provisions of the Consolidated Appropriations Act extending the grace period to use leftover 2020 and 2021 Health Care FSA funds for up to 12 months. This gives you until March 15, 2022 to spend contributions made in 2020 and until March 15, 2023 to use contributions made in 2021 and 2022.

When electing your 2022 contribution amount, think about what expenses you may incur in 2022 as well as what carry over amounts you have from 2020 and 2021.

- The maximum contribution for Health Care FSA accounts will increase to \$2,850 for 2022. Carried-over amounts do not count against your contribution limit for the next year. In other words, you can still contribute up to \$2,850 in 2022 whether or not you have a carry-over from 2021.
- If you have carry-over funds from 2020 and 2021, you can use those funds — even if you don't enroll and contribute to the Health Care FSA in 2022 (as long as you are a benefits eligible employee).
- You will have until March 31, 2023 to submit claims. Any contributions from 2021 and 2022 still in your account after March 31, 2023 will be forfeited.